



## 2023 Fall Symposium

*hosted by the Memphis Dental Hygiene Association*

Embassy Suites  
1022 S. Shady Grove Rd.  
Memphis, TN 38120

**Friday, October 27<sup>th</sup>**

**5.5 hours CE**

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8:00-8:30am	Registration & Visit Exhibitors
8:30-10:30am	<b>Bloodborne Pathogens and Exposure Control Guidelines for the Dental Practice</b>  Presented by <b><i>Mitchell Cothran</i></b> , TOSHA Public Sector Safety Compliance Officer
10:45-12:15pm	<b>Active Shooter Awareness</b>  Presented by <b><i>Terry Donald</i></b> , Preparedness Officer, FLETC Certified Instructor, MHFA Certified Instructor, Shelby County Emergency Management & Homeland Security Agency
12:15-1:30pm	Lunch & Visit Exhibitors ( <i>lunch will be provided</i> )
1:30pm-3:00pm	<b>Chemical Dependency for the Dental Professional</b> with Dr. Lynn Russell, EdD

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### Course Details & Presenter Bios:

**Bloodborne Pathogens and Exposure Control Guidelines for the Dental Practice**

**Overview:** An Exposure Control Plan is a critical component of Bloodborne Pathogen training. Employees, in healthcare settings, are at risk of exposure to blood and OPIM (Other Potentially Infectious Material) and must know the risk and how to prevent and manage exposures.

Objectives:

- Methods of Compliance
- Engineering and Work Practice Controls
- Mitigating Sharps Injuries and Managing Exposures including the Sharps Injury Log
- Vaccination recommendations; employer requirements

**Mitchell Cothran**, TOSHA Public Sector Safety Compliance Officer

Education

- B.S. in Occupational Safety and Health, Murray State University
- Certified Occupational Hearing Conservationist (COHC)

Employment History

- Paschal Truck Lines- 1992-93
- Celebrity Freight Systems– 1993
- Industrial Hygienist for Tennessee Department of Labor- 1993-1997
- Methodist Health Systems- Corporate Industrial Hygienist- 1997-1998
- Jackson Area Health Supervisor- TOSHA- 1998-2015
- Public Sector Safety Compliance Officer – 2015-Present

Work History

- Have conducted over 2000 compliance inspections
- Member of Nursing Home targeting initiative inspection team
- Member of Hospital and Ambulatory Surgical Center inspection team
- Authorized Construction Trainer
- Authorized General Industry Trainer

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### **Active Shoot Awareness**

Overview: The active shooter awareness lecture is a 1.5 hrs. lecture on what you are to do before, doing and after an active shooter incident. Information is provided based upon the U.S. Department of Homeland Security and the FBI recommended response to an active shooter situation (See Something Say Something).

Objectives:

- Discuss the history of active shooting incidents
- Identify the basic concepts of surviving mass shootings
- Understand the tactics used by law enforcement

- Learn how to respond to LE officers during the incident
- Discuss ways of assisting in the prevention of mass shootings

**Terry Donald**, Shelby County Emergency Management Homeland Security Preparedness Officer  
Terry.donald@shelbycountyttn.gov (901) 222-6717  
Federal Law Enforcement Training Center(FLETC) Active Shooter Threat Instructor

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## **Chemical Dependency for the Dental Professional**

### Objectives:

1. Understand the Definition and Scope of Chemical Dependency:
  - Define chemical dependency and its relevance in the context of substance abuse and addiction.
  - Describe the various substances that can lead to dependency and their effects on the body and mind.
2. Identify Risk Factors and Warning Signs:
  - Recognize common risk factors that contribute to the development of chemical dependency.
  - Identify early warning signs of chemical dependency in oneself and others.
3. Comprehend the Biological Basis of Chemical Dependency:
  - Explain the neurobiological mechanisms underlying addiction and how substances affect the brain.
  - Understand the concept of tolerance, withdrawal, and how they influence addiction.
4. Explore Treatment and Recovery Options:
  - Discuss various treatment modalities and approaches available for chemical dependency.
  - Describe the stages of recovery and the importance of ongoing support in maintaining sobriety.
5. Enhance Knowledge of Available Support Services:
  - Provide information about local and national support groups and organizations aiding individuals with chemical dependency.
  - Offer resources for seeking professional help and counseling for addiction.
6. Foster Effective Communication and Intervention Skills:
  - Develop skills to communicate effectively with individuals struggling with chemical dependency.
  - Understand appropriate strategies for intervening and supporting someone with a

substance use disorder.

7. Promote Prevention and Harm Reduction Strategies:
  - Propose preventative measures to reduce the likelihood of chemical dependency in individuals and communities.
  - Discuss harm reduction strategies to minimize risks associated with substance use.
8. Examine the Societal and Economic Impact of Chemical Dependency:
  - Discuss the broader impact of chemical dependency on families, communities, and society as a whole.
  - Explore the economic costs associated with substance abuse and addiction.
9. Reflect on Personal Attitudes and Stigma:
  - Reflect on personal biases and attitudes towards individuals with chemical dependency and explore ways to reduce stigma.
  - Promote empathy and understanding towards those affected by addiction.
10. Comprehend Legal and Ethical Implications:
  - Understand legal and ethical considerations surrounding substance abuse and addiction, including confidentiality and reporting obligations.
  - Recognize the consequences of substance abuse on legal and social aspects of an Individual's life.

These learning objectives aim to provide a comprehensive understanding of chemical dependency, its effects, prevention, treatment, and societal implications.

***Dr. Lynn Russell, EdD***

- Graduated from UTHSC AS 1975
- BSDH 1977
- Private practice 1976-2007- Pedo, general, Prosth
- Concorde Career College- 1 st DH program – wrote, implemented, accredited.
- Program Director -2007-2013
- MEd Christian Brothers University 2010
- Concorde Career Colleges- Director of Teaching and Professional Development 2013-2014
- UTHSC-2014
- Chair/ Program Director 2015
- TNDHA President 2017-2018
- President MDHA 2022-2023
- TNDHA President – Elect 2023
- Teach Head and Neck Anatomy
- Member of AAOSH, ADEA, ADHA, Diabetes Prevention Program ( DPP) West TN Chair



- TIPEC- Tennessee Interprofessional Education Member

Single Mom. Grandmother- Graves and Maay Porter

Loves Reading , Teaching, Speaking